

AUGUST 2015–NOVEMBER 2015



# MONTICELLO OUTDOOR RECREATION

## CLIMBING

Join us for “send-tember” and “rock-tober.” This 3-day course will introduce you to the basics and advanced techniques of climbing, with a brief introduction to bouldering. We will accept all levels of climbers be it your first time on real rock or working on getting that next grade. Course includes: climbing shoes, harness, helmet, and additional equipment. You are invited to bring any of your personal equipment.

**DATES:**

“Send-tember” = September 19-October 10

“Rock-tober” = October 17-November 7

**PRICING:**

\$30/person

\$20/person 12&U

\$125 family of 6+

## MOUNTAIN BIKING

The Abajo Composite MTB team invites the community to join us on Wednesday rides on the Millsite trail at 5:30pm sharp (meeting at the monument off Clay Hill). Come learn basic mountain biking techniques from the team, or just to get your treads on some dirt.

**DATES:**

2<sup>nd</sup> Wednesday of every month @ 5:30pm

**PRICING:**

Free, BYOB (bring your own bike)

## BIKEPACKING 101

Bikepacking (/bīk/'pakiNG/) v. 1. adventure cycling 2. off road cycle touring encompassing multi-sport adventure 3. Taking the load off your back. 4. The ultimate human powered experience to go further, faster, and lighter.

This 4-day crash course will introduce you to the basics of bikepacking. Our tips and tricks to a successful trip from how to pack to what to wear, and concluding with a 2-day, 1-nightter. Course includes: bike bags and Salsa’s Bikepacking 101 guidebook—you are encouraged to bring your own bike, if you do not have one we have Surly ECR rentals available.

**DATES:**

October & November

**PRICING:**

\$40/person + gear rentals as needed (Surly ECR \$75)

To register or for more information please contact or visit us:

[roamutah@gmail.com](mailto:roamutah@gmail.com) | 435.590.2741 | 117 N. Main St (garage)